

## PINEVILLE

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## MIDTOWN

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# SOCIAL SKILLS GROUPS

### Objectives

Child & Family Development speech therapists and occupational therapists work with kids and teens to improve social skills. When there are shared goals, groups can be formed to expand opportunities for practice and friendships.

Social skills groups are for children who struggle during interactions with others. Participants focus on practical conversational skills, such as:

- Greetings
- Turn taking
- Expressing themselves
- Initiating and maintaining conversations
- Social awareness
- Emotions
- Interpreting nonverbal language
- Problem solving scenarios

In the group setting, speech therapists and occupational therapists facilitate interactions to help children understand how to navigate various social situations. Sessions involve a variety of activities including lessons, turn-taking games, social stories, and role-playing for application of skills.

### Scheduling

Social skills group availability varies throughout the year based on need. Each group contains at least four participants within a specified age range and with similar social interaction abilities.

### Cost

Social skills groups are available at a self-pay rate as an out of pocket service. Rates vary due to duration, frequency, and supplies cost.

### Contact:

Please contact our client services team with any questions about current or upcoming social skills groups.